

**** NATIONALS UPDATE *** NATIONALS UPDATE ****



JAMMERS SWIM FAST AT USMS NATIONALS IN AUSTIN, TEXAS

Steve Hiltabiddle sets National Record in 50 Fly!!

The JAM swimmers who attended the USMS Nationals Swim Meet in Austin, Texas represented Jersey Area Multi-sport well!! Besides the great swims, recapped below, the team had a great time enjoying the city of Austin and especially the FOOD!! We all hope that you can join us for next year's Nationals in Clovis, California. It will be a great time and your coach is even offering a tour of Yosemite National Park for the day after the meet!! Make plans now to join us the second weekend in May 2009.

The best part of the meet for JAM was that everyone improved at least one of their best master's times!! The complex was incredible and the meet ran extremely smooth, with plenty of time between events to eat, watch some great swimming, or run back to the hotel. There was even an art festival going on, oh and I would be remiss not to mention our little adventure into the Roller Derby match on Sunday night. Bill & Leigh Segal have decided to quit there day jobs and join the Roller Derby, just ask them to share the rules with you, Leigh knows them all now, those women have nothing on her, but Bill might be in a little trouble☺!!



By the way, Christine Larkin has a new boyfriend, extra points for anyone who was not at the meet and can tell the coach who this guy is:



OK enough with the fun how about some swimming results!

As mentioned Steve Hiltabiddle has become the National Record holder in the 50 Butterfly going 22.82 bettering the old record by .05 seconds, congratulations Steve and thanks for joining us JAMMERS and being the first National Record holder our team has ever had!! Steve also broke 5 NJ Masters Records. Your friendly neighborhood coach also managed to snag his first Individual NJ Masters Record, bettering the 50 Backstroke record by .02 of a second, going 26.72. In the relay events the 35+ Men's relays both place, 8th in the 200 Free Relay and 10th in the 200 Medley Relay, missing both NJ Masters records (which JAM already owns) by less than 1 second each. We had a number of people place and JAM overall finished 59 out of 157 teams!!

Here is everyone who swam and how they placed:

| Pl | Seed Time | Final Time | Points | Leigh Segal – 40-44 Age Group | | |
|-------------------------------------------|-----------|------------|--------|-------------------------------|---------|---------|
| Christine Larkin – 25-29 Age Group | | | | 50 Freestyle | | |
| 10 | 5:40.32 | 5:35.16 | 1.00 | 40 | 31.00 | 30.92 |
| 50 Backstroke | | | | 50 Backstroke | | |
| 9 | 29.40 | 29.81 | 2.00 | 31 | 38.00 | 37.10 |
| 100 Backstroke | | | | 100 Backstroke | | |
| 5 | 1:02.33 | 1:02.57 | 6.00 | 33 | 1:22.00 | 1:20.86 |
| 200 Backstroke | | | | | | |
| 6 | 2:14.16 | 2:16.80 | 5.00 | | | |
| 50 Butterfly | | | | | | |
| 16 | 29.05 | 29.19 | | | | |
| 200 Individual Medley | | | | | | |
| 7 | 2:15.51 | 2:22.86 | 4.00 | | | |

Vanja Sikirica – 25-29 Age Group**200 Freestyle**

24 1:56.50 1:57.87

500 Freestyle

13 5:20.00 5:26.27

1650 Freestyle

6 20:00.00 19:39.07 5.00

50 Butterfly

19 26.00 26.31

100 Butterfly

18 58.40 59.40

200 Butterfly

8 2:14.00 2:18.79 3.00

Andrew Lippitt – 35-39 Age Group**50 Freestyle**

37 24.25 24.24

50 Breaststroke

14 30.00 29.80

100 Breaststroke

19 1:05.78 1:06.04

50 Butterfly

36 26.80 26.49

100 Individual Medley

39 1:04.50 1:01.67

Steve Hiltabiddle – 40-44 Age Group**50 Freestyle**

8 22.10 21.82 3.00

100 Freestyle

4 48.70 47.44 7.00

100 Backstroke

10 1:00.00 59.27 1.00

50 Butterfly

1 23.50 22.82 11.00

100 Butterfly

2 52.30 51.03 9.00

100 Individual Medley

6 56.00 55.28 5.00

William Segal – 40-44 Age Group**50 Freestyle**

16 22.40 22.51

100 Freestyle

9 48.70 48.68 2.00

200 Freestyle

12 1:49.10 1:49.27

50 Butterfly

15 24.20 24.16

100 Butterfly

8 53.80 52.99 3.00

Scott Carpenter – 40-44 Age Group**50 Freestyle**

18 23.00 22.58

100 Freestyle

18 51.00 49.39

50 Butterfly

11 25.00 24.06

100 Butterfly

10 56.00 53.28 1.00

Darek Hahn – 40-44 Age Group**50 Backstroke**

8 26.97 26.72 3.00

100 Individual Medley

30 58.73 59.33

400 Individual Medley

19 5:02.78 5:01.15

Kurtis Baker – 45-49 Age Group**50 Breaststroke**

25 32.36 31.83

100 Breaststroke

23 1:10.69 1:11.31

200 Breaststroke

12 2:36.62 2:31.52

100 Individual Medley

60 1:07.35 1:05.96

200 Individual Medley

24 2:27.66 2:26.18

Men 35+ 200 Freestyle Relay

8 1:31.00 1:30.55 6.00

1) Carpenter, Scott 2) Hiltabiddle, Steve

3) Segal, William 4) Hahn, Darek

Men 35+ 200 Medley Relay

10 1:41.80 1:41.87 2.00

1) Hahn, Darek 2) Lippitt, Andrew

3) Hiltabiddle, Steve 4) Segal, William

Mixed 25+ 200 Freestyle Relay

-- 1:41.00 DQ

1) Segal, William 2) Larkin, Christine

3) Segal, Leigh 4) Hiltabiddle, Steve

Mixed 25+ 200 Medley Relay

23 1:59.00 1:58.64

1) Larkin, Christine 2) Baker, Kurtis

3) Sikirica, Vanja 4) Segal, Leigh G F43

Click here for the full results: <http://www.usms.org/comp/meets/meetsearch.php?MeetID=20080501SCNATSY>

[Click here to see more pictures from the USMS Nationals Meet.](#)